

## Tips to Reduce Drug Cost and Maximize Medication Efficiency



### Review Medications Every Quarter

Keep a single, updated list of all your medications and ensure that each of your healthcare providers has a copy. This helps reduce the risk of unnecessary drugs, side effects, and interactions. Regularly review this list with your physician or pharmacist.



### Talk with Your Doctor about Cost

Let your doctor know that cost and therapeutic effectiveness both matter. Ask if there is a generic or lower-cost substitute available.



### Use the Patient Portal to Compare Prices

Sav-Rx Patient Portal will give you cost comparison of medications.



### Avoid Free Samples

Free samples are usually brand name and more expensive in the long run.



### Ask your Pharmacist for Information

For information on generic medications, consult your pharmacist. Discuss the cost and efficacy of generic alternatives with your doctor.



### Ask for Smaller Amounts of New Meds

Ask your doctor for a smaller quantity of a new medication until you know it is right for you. This is especially helpful if you are paying cash or have a high copay.



### Call Sav-Rx at 800-228-3108

Call Sav-Rx for assistance in reducing your overall drug costs. There will be a live representative available to take your call 24 hours a day, 7 days a week, and 365 days a year.

## Patient Portal

Use the QR code below or visit [app.savrx.com/login](http://app.savrx.com/login) to use our secure patient portal!



### Use the Portal to:

**Access** your Sav-Rx electronic ID card

**Compare** medication costs with the drug price lookup tool

**Download** your entire prescription claim history

**Maintain** your profile and payment method

**Order** your medications from the specialty pharmacy

**Track** your current order status

**Receive** notifications when specialty order refills are due

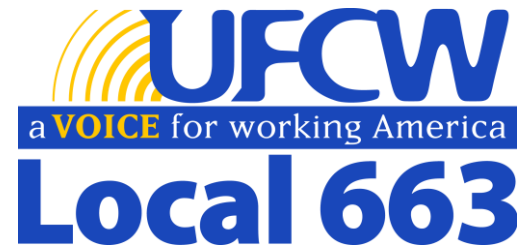
**View** your specialty order prescriptions



For More Information, Visit  
[savrx.com](http://savrx.com)



## Pharmacy Benefit Management Guide



Minneapolis Retail  
Meat Cutters &  
Food Handlers  
Health and  
Welfare Fund

## Medication Coverages



- Most maintenance medications are covered by your Plan.
- Some medications may be subject to quantity limitations or require prior authorization to determine coverage.
- Please refer to your Summary Plan Description for specific coverage rules.

**Call 800-228-3108**  
**Speak with a LIVE Sav-Rx**  
**representative 24/7/365**



## Where to Use the Benefit

### Sav-Rx Retail Pharmacy Network

#### How to Make Use of the Network

- To locate a pharmacy near you, visit **savrx.com** and enter the Group from your ID card and your zip code.
- Present your member's ID card at your pharmacy.



### Sav-Rx Specialty Pharmacy

#### Benefits

- **Cost-effective**, convenient solution for specialty medications
- **Free shipping** directly to your door

#### How It Works

1. Send in your specialty prescription
2. Pay at the time of order
3. Get your medication delivered to your door
4. Enjoy **easy refills** by phone, online or through the Sav-Rx Patient Portal

#### How to Send in Prescriptions (3 Options)

1. Ask your doctor to **send it electronically** to Sav-Rx in Fremont, NE.
2. Ask your doctor to **fax** it to 402-753-2890.
3. Call Sav-Rx with your specialty prescription details and your doctor's information – **we'll handle the rest!**

## Your Sav-Rx Benefit

### Retail Pharmacy (Up to 1-90 Days' Supply)

|                    |     |
|--------------------|-----|
| Generic            | 20% |
| Formulary          | 20% |
| Non-Formulary      | 20% |
| Brand with Generic | 20% |

### Specialty Pharmacy (Up to 30 Days' Supply) *some limited specialty drugs will allow 90 days' supply*

|                    |     |
|--------------------|-----|
| Generic            | 20% |
| Formulary          | 20% |
| Non-Formulary      | 20% |
| Brand with Generic | 20% |

### Maximum Prescription Out-of-Pocket (separate from your medical annual out-of-pocket maximum)

|                    |                |
|--------------------|----------------|
| Individual \$3,600 | Family \$7,200 |
|--------------------|----------------|